

## Sofia Frykholm

Se detaljerad information och personbästatider

Gren: 100m Ryggswm (25) Personbästa: 01:22.75 AQUA-poäng: 297 Datum: 2010-09-12 Tävlmg: Poseidon Team Cup 2010

| Tid      | AQUA | Omgång | Datum      | Tävling                  |
|----------|------|--------|------------|--------------------------|
| 02:25.42 | 54   | Final  | 2008-02-02 | Dronksim                 |
| 01:55.93 | 108  | Final  | 2006-04-22 | Vårsimiaden              |
| 01:55.93 | 108  | Final  | 2006-04-22 | Vårsimiaden              |
| 01:52.43 | 118  | Final  | 2006-10-01 | Tomeliten                |
| 01:46.07 | 141  | Final  | 2006-11-18 | HSB-CUP                  |
| 01:46.03 | 141  | Final  | 2007-02-03 | Dronksimmet              |
| 01:46.03 | 141  | Final  | 2007-02-03 | Dronksimmet              |
| 01:44.26 | 148  | Final  | 2007-10-06 | TOMELITEN                |
| 01:40.13 | 167  | Final  | 2007-11-03 | Novembersim              |
| 01:33.61 | 205  | Final  | 2008-03-02 | Lergökasimmet 2008       |
| 01:33.30 | 207  | Final  | 2008-02-09 | UGP 1 2008               |
| 01:29.97 | 231  | Final  | 2008-09-21 | MAGU CUP                 |
| 01:29.74 | 233  | Final  | 2008-09-13 | U-GP 3 2008              |
| 01:28.47 | 243  | Final  | 2008-04-19 | Vårsimiaden 2008         |
| 01:27.64 | 250  | Final  | 2009-05-23 | Vårsimiaden 2009         |
| 01:26.92 | 256  | Final  | 2009-04-21 | Lergökasimmet 2009       |
| 01:26.61 | 259  | Final  | 2008-11-29 | SIM à LUND GUL Challenge |
| 01:26.60 | 259  | Final  | 2009-12-20 | Klubbmästerskap 2009     |
| 01:26.60 | 259  | Final  | 2009-10-10 | UGP 4                    |
| 01:26.15 | 263  | Final  | 2009-02-07 | UGP1                     |