

## Frida Winqvist

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:30.76 AQUA-poäng: 431 Datum: 2010-04-10 Tävling: Glasriket Cup

| Tid      | AQUA | Omgång | Datum      | Tävling                           |
|----------|------|--------|------------|-----------------------------------|
| 00:30.76 | 431  | Final  | 2010-04-10 | Glasriket Cup                     |
| 00:30.82 | 429  | Final  | 2009-04-05 | Glasriket Cup                     |
| 00:31.10 | 417  | Final  | 2009-02-07 | Ungdoms GP med Sigfridsdoppet     |
| 00:31.14 | 416  | Final  | 2010-12-04 | Julklappsplasket 2010             |
| 00:31.30 | 409  | Final  | 2010-02-20 | OF-Sprint                         |
| 00:31.58 | 399  | Final  | 2009-03-28 | OF-Sprint                         |
| 00:31.77 | 391  | Final  | 2010-02-20 | OF-Sprint                         |
| 00:31.94 | 385  | Final  | 2008-03-08 | Glasrikets Cup 2008               |
| 00:31.98 | 384  | Final  | 2007-12-08 | Höstsimiaden yngre                |
| 00:32.12 | 379  | Final  | 2008-11-22 | Höstsimiaden äldre                |
| 00:32.27 | 374  | Final  | 2008-09-14 | UGP3-SIGFRIDSDOPPET 2008          |
| 00:32.71 | 359  | Final  | 2008-03-29 | OF-Sprint 2008                    |
| 00:33.37 | 338  | Final  | 2007-09-29 | Klubbmästerskap 2007              |
| 00:33.68 | 328  | Final  | 2008-03-09 | Glasrikets Cup 2008               |
| 00:34.60 | 303  | Final  | 2007-06-03 | Simiaden regionsfinal             |
| 00:34.89 | 295  | Final  | 2007-03-25 | UGP2-LSS POÄNGCUP 2007            |
| 00:35.70 | 276  | Final  | 2007-02-11 | UGP 1 2007 med S:t Sigfridsdoppet |
| 00:35.93 | 270  | Final  | 2007-03-31 | Glasrikets Cup 2007               |
| 00:36.29 | 262  | Final  | 2006-11-25 | Simiaden-yngre                    |
| 00:36.29 | 262  | Final  | 2006-11-25 | Simiaden-yngre                    |