

## Sebastian Abram

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:25.42 AQUA-poäng: 509 Datum: 2009-01-11 Tävling: JDM

| Tid      | AQUA | Omgång | Datum      | Tävling                     |
|----------|------|--------|------------|-----------------------------|
| 00:25.42 | 509  | Final  | 2009-01-11 | JDM                         |
| 00:26.41 | 454  | Final  | 2010-01-16 | JDM - Stockholm             |
| 00:26.48 | 450  | Final  | 2008-10-12 | Tunafors Nationella         |
| 00:26.52 | 448  | Final  | 2008-09-28 | Arrnr Borgs minne           |
| 00:26.63 | 442  | Final  | 2009-12-13 | Regionalt Grand Prix 1      |
| 00:26.66 | 441  | Final  | 2009-09-20 | Åbergs Museum Sim           |
| 00:26.75 | 437  | Final  | 2008-12-07 | Julklappsdoppet 2008        |
| 00:26.83 | 433  | Final  | 2007-11-25 | Höstsimiaden/Barracuda Race |
| 00:26.95 | 427  | Final  | 2007-02-10 | UGP 1 2007                  |
| 00:27.04 | 423  | Final  | 2008-03-30 | Strängnäs Simcup 2008       |
| 00:27.09 | 420  | Final  | 2006-12-03 | Barracuda Race              |
| 00:27.10 | 420  | Final  | 2008-12-20 | KM / Märkesjakten 2008      |
| 00:27.54 | 400  | Final  | 2007-03-18 | Hemglass-Cup 2007           |
| 00:27.58 | 398  | Final  | 2008-09-13 | Bertils Minne 2008          |
| 00:27.67 | 394  | Final  | 2007-04-29 | Järfälla Nationella 2007    |
| 00:27.69 | 394  | Final  | 2007-12-16 | Öppna KM SS04 2007          |
| 00:28.18 | 373  | Final  | 2007-09-15 | Bertils Minne 2007          |
| 00:29.93 | 312  | Final  | 2005-12-17 | Öppna Srint KM 2005         |
| 00:30.04 | 308  | Final  | 2006-01-28 | UGP 1 28-29 Januari         |
| 00:30.96 | 281  | Final  | 2005-04-02 | Kanaan Cup                  |