

## Pontus Palmqvist

Se detaljerad information och personbästatider

Gren: 100m Ryggswim (50) Personbästa: 00:56.58 AQUA-poäng: 773 Datum: 2016-04-01 Tävling: Swim Open Stockholm

| Tid      | AQUA | Omgång | Datum      | Tävling                                |
|----------|------|--------|------------|----------------------------------------|
| 01:28.15 | 204  | Final  | 2004-06-05 | Laxaleken 2004                         |
| 01:25.02 | 228  | Final  | 2004-07-02 | Bockstensdoppet                        |
| 01:12.19 | 372  | Final  | 2005-05-28 | Laxaleken 2005                         |
| 01:10.06 | 407  | Final  | 2008-06-28 | DM JDM 50M                             |
| 01:10.06 | 407  | Final  | 2005-07-01 | BOCKSTENSDDOPPET                       |
| 01:10.00 | 408  | Final  | 2006-06-10 | DM/JDM (50m)                           |
| 01:07.88 | 448  | Final  | 2005-07-07 | SUM-SIM 2005 (50m)                     |
| 01:07.84 | 448  | Final  | 2005-07-07 | SUM-SIM 2005 (50m)                     |
| 01:07.24 | 460  | Final  | 2006-07-02 | Bockstensdoppet                        |
| 01:06.82 | 469  | Final  | 2006-12-16 | Regionalt GP 1 2006 (50m) - Falkenberg |
| 01:06.05 | 486  | Final  | 2006-06-10 | DM/JDM (50m)                           |
| 01:05.89 | 489  | Final  | 2007-05-19 | SPEEDO 2007                            |
| 01:05.77 | 492  | Final  | 2006-05-13 | Sydsim Swim Meet                       |
| 01:05.75 | 492  | Final  | 2008-04-12 | Falkenberg Speedo Race                 |
| 01:05.42 | 500  | Final  | 2006-07-14 | SUM-SIM 2006 (50m)                     |
| 01:05.25 | 504  | Final  | 2007-06-01 | Laxaleken 2007                         |
| 01:05.18 | 506  | Final  | 2008-06-14 | Bockstensdoppet                        |
| 01:04.92 | 512  | Final  | 2007-04-15 | CIJ - Meet 2007                        |
| 01:04.71 | 517  | Final  | 2007-06-28 | SUM-SIM 2007 (50m)                     |
| 01:04.65 | 518  | Final  | 2006-05-26 | SPEEDO 2006                            |