

Pontus Palmqvist

Se detaljerad information och personbästatider

Gren: 100m Ryggswim (50) Personbästa: 00:56.58 AQUA-poäng: 773 Datum: 2016-04-01 Tävling: Swim Open Stockholm

Tid	AQUA	Omgång	Datum	Tävling
01:28.15	204	Final	2004-06-05	Laxaleken 2004
01:25.02	228	Final	2004-07-02	Bockstensdoppet
01:12.19	372	Final	2005-05-28	Laxaleken 2005
01:10.06	407	Final	2005-07-01	BOCKSTENSDDOPPET
01:07.84	448	Final	2005-07-07	SUM-SIM 2005 (50m)
01:07.88	448	Final	2005-07-07	SUM-SIM 2005 (50m)
01:05.77	492	Final	2006-05-13	Sydsim Swim Meet
01:04.65	518	Final	2006-05-26	SPEEDO 2006
01:10.00	408	Final	2006-06-10	DM/JDM (50m)
01:06.05	486	Final	2006-06-10	DM/JDM (50m)
01:07.24	460	Final	2006-07-02	Bockstensdoppet
01:03.45	548	Final	2006-07-08	SM/JSM (50m) 2006
01:05.42	500	Final	2006-07-14	SUM-SIM 2006 (50m)
01:03.35	551	Final	2006-07-14	SUM-SIM 2006 (50m)
01:06.82	469	Final	2006-12-16	Regionalt GP 1 2006 (50m) - Falkenberg
01:04.92	512	Final	2007-04-15	CIJ - Meet 2007
01:04.11	531	Final	2007-04-15	CIJ - Meet 2007
01:05.89	489	Final	2007-05-19	SPEEDO 2007
01:05.25	504	Final	2007-06-01	Laxaleken 2007
01:04.39	524	Final	2007-06-02	Laxaleken 2007