

## Pontus Palmqvist

Se detaljerad information och personbästatider

Gren: 50m Bröstsöm (25) Personbästa: 00:31.66 AQUA-poäng: 507 Datum: 2009-12-13 Tävling: Barracuda Race

| Tid      | AQUA | Omgång | Datum      | Tävling                   |
|----------|------|--------|------------|---------------------------|
| 00:47.08 | 154  | Final  | 2004-03-20 | Medley Cup                |
| 00:40.73 | 238  | Final  | 2004-11-20 | Höstsimiaden 2004         |
| 00:39.86 | 254  | Final  | 2004-11-27 | Barracuda Race            |
| 00:39.44 | 262  | Final  | 2004-12-04 | Kulknappssprinten         |
| 00:38.75 | 276  | Final  | 2005-02-12 | USF-CUPEN                 |
| 00:38.17 | 289  | Final  | 2005-03-18 | NUSS-äldre                |
| 00:37.96 | 294  | Final  | 2005-12-03 | Kulknappssprinten         |
| 00:37.93 | 295  | Final  | 2006-03-12 | UGP 2 Shellflytet         |
| 00:35.67 | 354  | Final  | 2006-12-03 | Barracuda Race            |
| 00:36.35 | 335  | Final  | 2007-03-25 | UGP 2 och Shellflytet     |
| 00:36.29 | 336  | Final  | 2007-09-30 | Kulknappssprinten         |
| 00:33.96 | 411  | Final  | 2007-09-30 | Kulknappssprinten         |
| 00:33.94 | 411  | Final  | 2008-09-27 | Kulknappssprinten         |
| 00:31.66 | 507  | Final  | 2009-12-13 | Barracuda Race            |
| 00:34.48 | 392  | Final  | 2011-04-02 | KM Varberg Falkenberg Sim |
| 00:32.33 | 476  | Final  | 2011-12-04 | Barracuda Race            |
| 00:34.05 | 407  | Final  | 2013-09-07 | KM 3                      |
| 00:32.68 | 461  | Final  | 2014-09-06 | KM 3                      |
| 00:33.06 | 445  | Final  | 2015-09-05 | KM 3                      |
| 00:33.63 | 423  | Final  | 2016-09-10 | KM 3                      |