

Pontus Palmqvist

Se detaljerad information och personbästatider

Gren: 100m Frisim (50) Personbästa: 00:51.76 AQUA-poäng: 744 Datum: 2016-04-01 Tävling: Swim Open Stockholm

Tid	AQUA	Omgång	Datum	Tävling
01:12.86	266	Final	2004-06-05	Laxaleken 2004
01:13.36	261	Final	2004-07-02	Bockstensdoppet
01:04.06	392	Final	2005-05-28	Laxaleken 2005
01:04.95	376	Final	2005-05-28	Laxaleken 2005
00:59.41	492	Final	2005-07-01	BOCKSTENSDDOPPET
01:02.63	420	Final	2005-07-01	BOCKSTENSDDOPPET
00:56.36	576	Final	2006-05-14	Sydsim Swim Meet
00:56.81	563	Final	2006-05-27	SPEEDO 2006
00:59.82	482	Final	2006-06-10	DM/JDM (50m)
00:57.78	535	Final	2006-07-01	Bockstensdoppet
00:57.65	538	Final	2006-07-01	Bockstensdoppet
00:56.98	557	Final	2006-07-13	SUM-SIM 2006 (50m)
00:57.31	548	Final	2007-05-18	SPEEDO 2007
00:59.00	502	Final	2007-06-02	Laxaleken 2007
00:56.60	569	Final	2007-06-28	SUM-SIM 2007 (50m)
00:56.46	573	Final	2008-04-12	Falkenberg Speedo Race
00:56.43	574	Final	2008-05-02	Grand Prix final 2008
00:58.13	525	Final	2008-05-31	Laxaleken
00:58.50	515	Final	2008-06-13	Bockstensdoppet
00:58.79	508	Final	2008-06-27	DM JDM 50M