

## Rebecca Diaz-Nilsson

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:22.31 AQUA-poäng: 714 Datum: 2014-10-19 Tävling: Swedish Swim Games 2014

| Tid      | AQUA | Omgång | Datum      | Tävling                      |
|----------|------|--------|------------|------------------------------|
| 05:31.54 | 355  | Final  | 2006-10-01 | Litho Cup 2006/ UGP 4        |
| 05:17.19 | 406  | Final  | 2007-02-03 | NUSS YNGRE 2007 (25m)        |
| 05:11.22 | 430  | Final  | 2007-10-20 | UGP 4                        |
| 05:11.22 | 430  | Final  | 2007-10-20 | UGP 4                        |
| 05:09.07 | 439  | Final  | 2007-11-10 | SUM-SIM Reg 4 2007           |
| 05:06.19 | 451  | Final  | 2008-04-05 | UGP 2                        |
| 05:05.03 | 456  | Final  | 2008-01-30 | NUSS Yngre                   |
| 04:58.69 | 486  | Final  | 2009-01-24 | NUSS Yngre                   |
| 04:53.33 | 513  | Final  | 2008-11-23 | Sum-Sim Riks 2008 (25m)      |
| 04:51.01 | 526  | Final  | 2008-10-25 | SUM-SIM Region 4 - 2008      |
| 04:48.82 | 538  | Final  | 2009-11-15 | SUM-SIM 2009 Region 4        |
| 04:41.43 | 581  | Final  | 2010-04-17 | Essenuoto Sprint Event       |
| 04:35.77 | 618  | Final  | 2012-09-22 | Wadköpingsdoppet 2012        |
| 04:34.97 | 623  | Final  | 2011-04-09 | Essenuoto Sprint Event       |
| 04:33.09 | 636  | Final  | 2012-01-08 | JDM 2012                     |
| 04:31.88 | 641  | Final  | 2015-10-04 | Intersport Simcup            |
| 04:31.29 | 649  | Final  | 2012-03-31 | Essenuoto Sprint Event       |
| 04:28.54 | 669  | Final  | 2012-11-11 | SUM-SIM Region 4 2012 (25m)  |
| 04:28.22 | 671  | Final  | 2012-12-09 | Sum-Sim (25m) riksfinal 2012 |
| 04:26.92 | 678  | Final  | 2014-10-19 | Swedish Swim Games 2014      |