

## Ulrika Holm

Se detaljerad information och personbästatider

Gren: 200m Frisim (25) Personbästa: 02:08.57 AQUA-poäng: 646 Datum: 2012-03-24 Tävling: Team Sportia Swim & TYR/ UGP 2

| Tid      | AQUA | Omgång | Datum      | Tävling                        |
|----------|------|--------|------------|--------------------------------|
| 02:13.73 | 574  | Final  | 2012-01-07 | JDM VSSF 25 m                  |
| 02:22.63 | 473  | Final  | 2010-10-30 | DM VSSF 25 m                   |
| 02:19.56 | 505  | Final  | 2011-01-15 | JDM VSSF 25 m                  |
| 03:15.34 | 184  | Final  | 2006-09-30 | UGP 4                          |
| 02:08.57 | 646  | Final  | 2012-03-24 | Team Sportia Swim & TYR/ UGP 2 |
| 02:47.98 | 289  | Final  | 2008-03-01 | Skomakardoppet                 |
| 02:46.08 | 299  | Final  | 2008-04-05 | UGP 2/Team Sportia Swim        |
| 02:25.88 | 442  | Final  | 2009-02-22 | KM 1                           |
| 02:25.22 | 448  | Final  | 2009-03-21 | UGP 2 / Team Sportia Swim      |
| 02:24.64 | 454  | Final  | 2009-10-10 | UGP 4                          |
| 02:21.11 | 488  | Final  | 2010-11-13 | Sum-Sim Region                 |
| 02:21.03 | 489  | Final  | 2010-09-25 | Wadköpingsdoppet 2010          |
| 02:18.22 | 520  | Final  | 2011-03-26 | Team Sportia Swim & TYR/ UGP 2 |
| 02:17.75 | 525  | Final  | 2010-10-16 | UGP 4 Mölndal 2010             |
| 02:17.22 | 531  | Final  | 2012-01-07 | JDM VSSF 25 m                  |
| 02:15.68 | 550  | Final  | 2010-12-04 | Barracuda Race                 |
| 02:13.75 | 574  | Final  | 2014-09-20 | Wadköpingsdoppet 2014          |
| 02:13.38 | 579  | Final  | 2013-09-21 | Wadköpingsdoppet 2013          |
| 02:12.53 | 590  | Final  | 2011-10-15 | UGP 4 Mölndal 2011             |
| 02:08.59 | 646  | Final  | 2012-02-26 | KM 1                           |