

Adam Paulsson

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:07.48 AQUA-poäng: 861 Datum: 2019-11-17 Tävling: SM/JSM (25m) 2019

Tid	AQUA	Omgång	Datum	Tävling
04:20.82	736	Final	2019-11-17	SM/JSM (25m) 2019
04:20.72	736	Final	2017-11-05	SM/JSM (25m) 2017
04:20.55	731	Final	2020-10-18	DM/JDM VSSF
04:20.11	742	Final	2012-12-15	Nordic Junior Championships
04:19.19	750	Final	2013-11-24	SM/JSM (25m) 2013
04:18.73	754	Final	2015-11-08	SM/JSM (25m) 2015
04:18.01	760	Final	2018-11-18	SM/JSM (25m) 2018
04:17.79	762	Final	2019-10-19	TYR Open 2019-10-19--20
04:17.29	766	Final	2016-11-08	SM/JSM (25m) 2016
04:16.17	776	Final	2014-11-23	SM/JSM (25m) 2014
04:15.27	785	Final	2016-10-08	Swedish Swim Games 2016
04:14.89	788	Final	2014-11-23	SM/JSM (25m) 2014
04:14.73	783	Final	2020-09-26	Swedish Swim Games
04:14.16	795	Final	2018-12-15	FINA: 14th World Short Course Championships
04:13.96	797	Final	2016-12-10	13th FINA World Swimming Championships
04:13.37	802	Final	2017-12-14	LEN European Short Course Swimming Championships
04:12.35	812	Final	2018-11-24	Swedish Swim Games 2018
04:09.37	842	Final	2015-11-08	SM/JSM (25m) 2015
04:08.81	847	Final	2018-11-18	SM/JSM (25m) 2018
04:08.72	848	Final	2016-11-08	SM/JSM (25m) 2016