

Simon Frank

Se detaljerad information och personbästatider

Gren: 200m Ryggswim (25) Personbästa: 01:56.57 AQUA-poäng: 754 Datum: 2014-11-21 Tävlings: SM/JSM (25m) 2014

Tid	AQUA	Omgång	Datum	Tävling
02:25.26	389	Final	2004-02-14	Inne DM 2004 STOCKHOLM
01:58.43	719	Final	2014-11-21	SM/JSM (25m) 2014
01:58.45	718	Final	2015-11-06	SM/JSM (25m) 2015
02:17.63	458	Final	2005-02-19	Kortbane-DM 2005
01:59.66	687	Final	2016-11-06	SM/JSM (25m) 2016
02:03.24	629	Final	2016-10-09	Swedish Swim Games 2016
02:06.00	597	Final	2008-11-28	SM (25m) 2008
02:07.94	570	Final	2008-02-01	JSM (25m)
02:08.05	569	Final	2009-09-12	Bertils Minne 2009
02:17.45	460	Final	2005-02-05	UGP1 / SUNCUP 2005
02:11.63	523	Final	2009-10-24	DM
02:10.64	535	Final	2009-01-10	JDM
02:10.23	540	Final	2008-09-27	Septembersim
02:10.04	543	Final	2007-01-12	JDM Stockholm
02:09.87	545	Final	2007-09-15	Bertils Minne 2007
02:09.11	555	Final	2008-09-13	Bertils Minne 2008
02:08.21	566	Final	2008-11-01	DM Stockholm (25m)
01:56.57	754	Final	2014-11-21	SM/JSM (25m) 2014
02:50.38	241	Final	2002-04-20	Seriesim div 1 deltävling 2
01:59.21	695	Final	2016-11-06	SM/JSM (25m) 2016