

Adéle Jänis

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:37.15 AQUA-poäng: 498 Datum: 2006-03-26 Tävling: Glasrikets Cup 2006

Tid	AQUA	Omgång	Datum	Tävling
02:37.15	498	Final	2006-03-26	Glasrikets Cup 2006
02:37.72	493	Final	2005-11-12	JDM
02:38.60	484	Final	2004-10-30	Sum-Sim Region
02:39.11	480	Final	2004-09-17	Luna Cup
02:39.39	477	Final	2004-11-05	JDM
02:40.31	469	Final	2005-10-22	SUM-SIM Region 6 - 2005
02:40.32	469	Final	2004-03-28	Team Sportia Swim
02:42.14	453	Final	2003-06-14	Laxaleken 2003
02:42.60	449	Final	2005-09-03	Ungdoms GP 3
02:42.90	447	Final	2003-10-25	Sum-Sim Region
02:43.51	442	Final	2003-10-04	Litho Cup/UGP4
02:43.66	441	Final	2006-11-04	DM 25 m
02:44.75	432	Final	2006-01-14	JDM 2006 (25m), Västsvenska
02:46.34	420	Final	2003-03-09	TEAM SPORTIA SWIM
02:48.83	401	Final	2005-10-01	Litho Cup/UGP4 2005
02:49.84	394	Final	2002-09-07	Ungdoms GP 3 / Preem Cup
02:52.06	379	Final	2004-01-31	Taiga Cup & UGP 1
02:52.06	379	Final	2004-01-31	Taiga Cup & UGP 1
02:53.66	369	Final	2002-03-16	NUSS Yngre
02:54.18	366	Final	2003-02-01	Taiga Cup & UGP