Pontus Renholm

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:24.39 AQUA-poäng: 630 Datum: 2011-06-11 Tävling: DM/JDM 2011

Tid	AQUA	Omgång	Datum	Tävling
00:24.54	618	Final	2012-04-30	Ullbergstrofén 2012
00:26.67	481	Final	2006-06-17	DM/JDM 2006 (50m)
00:26.54	489	Final	2004-06-12	DM/JDM
00:25.92	524	Final	2003-05-31	STOCKHOLMS DM /JDM 2003
00:25.30	564	Final	2011-02-13	Swedish Grand Prix 2 2011
00:25.28	565	Final	2005-05-28	WELLA CUP
00:25.26	567	Final	2006-02-11	Grand Prix 1
00:25.17	573	Final	2005-06-11	DM/JDM - Stockholm
00:25.25	567	Final	2004-05-31	NEPTUNIADEN
00:27.26	451	Final	2000-05-27	Wella Cup 2000
00:27.41	443	Final	2000-05-27	Wella Cup 2000
00:25.62	543	Final	2002-06-07	DM & JDM STOCKHOLM
00:25.65	541	Final	2002-06-07	DM & JDM STOCKHOLM
00:25.68	539	Final	2007-05-27	Neptuniaden 2007
00:24.64	611	Final	2007-07-06	DM/JDM (50m) 2007
00:25.99	520	Final	2002-04-28	Austria-Meeting 2002
00:24.57	616	Final	2012-06-09	DM/JDM 2012
00:24.39	630	Final	2011-06-11	DM/JDM 2011
00:26.68	481	Final	2006-05-13	Wella Cup 2006
00:26.70	480	Final	2004-05-31	NEPTUNIADEN