

## Simon Sjödin

Se detaljerad information och personbästatider

Gren: 400m Medley (50) Personbästa: 04:18.25 AQUA-poäng: 841 Datum: 2019-04-14 Tävling: Malmsten Swim Open Stockholm 2019

| Tid      | AQUA | Omgång | Datum      | Tävling                                   |
|----------|------|--------|------------|-------------------------------------------|
| 04:18.25 | 841  | Final  | 2019-04-14 | Malmsten Swim Open Stockholm 2019         |
| 04:26.58 | 765  | Final  | 2019-04-14 | Malmsten Swim Open Stockholm 2019         |
| 04:25.97 | 770  | Final  | 2017-08-09 | Energy for Swim                           |
| 04:30.53 | 732  | Final  | 2015-03-06 | Meeting Open Mediterranee                 |
| 04:30.77 | 730  | Final  | 2015-01-30 | 2015 Golden Tour                          |
| 04:26.50 | 765  | Final  | 2015-01-30 | 2015 Golden Tour                          |
| 04:19.68 | 827  | Final  | 2014-07-03 | SM/JSM (50m) 2014                         |
| 04:27.09 | 760  | Final  | 2014-07-03 | SM/JSM (50m) 2014                         |
| 04:24.98 | 779  | Final  | 2014-06-14 | 51 Trofeo Sette Colli                     |
| 04:26.30 | 767  | Final  | 2014-06-14 | 51 Trofeo Sette Colli                     |
| 04:23.17 | 795  | Final  | 2014-04-26 | Swedish Grand Prix 3                      |
| 04:36.58 | 685  | Final  | 2014-04-26 | Swedish Grand Prix 3                      |
| 04:33.03 | 712  | Final  | 2014-03-15 | Golden Lanes Amiens 2014                  |
| 04:24.14 | 786  | Final  | 2014-03-15 | Golden Lanes Amiens 2014                  |
| 04:21.74 | 808  | Final  | 2013-08-04 | 15th FINA World Championships             |
| 04:24.56 | 782  | Final  | 2013-06-13 | 50. Sette Colli - Internazionali d'Italia |
| 04:22.02 | 805  | Final  | 2013-06-13 | 50. Sette Colli - Internazionali d'Italia |
| 04:24.21 | 786  | Final  | 2012-04-14 | Swim Cup Eindhoven 2012                   |
| 04:33.12 | 711  | Final  | 2012-04-14 | Swim Cup Eindhoven 2012                   |
| 04:26.30 | 767  | Final  | 2012-01-29 | SA International                          |