

## Simon Sjödin

Se detaljerad information och personbästatider

Gren: 400m Medley (25) Personbästa: 04:05.06 AQUA-poäng: 887 Datum: 2015-12-03 Tävling: LEN European Short Course Championships

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 04:18.62 | 748  | Final  | 2021-11-28 | SM/JSM (25m) 2021                       |
| 04:28.42 | 669  | Final  | 2021-11-28 | SM/JSM (25m) 2021                       |
| 04:09.79 | 838  | Final  | 2018-11-24 | Swedish Swim Games 2018                 |
| 04:07.97 | 856  | Final  | 2016-11-08 | SM/JSM (25m) 2016                       |
| 04:17.25 | 767  | Final  | 2016-11-08 | SM/JSM (25m) 2016                       |
| 04:15.66 | 781  | Final  | 2016-10-08 | Danone Open                             |
| 04:17.58 | 764  | Final  | 2016-09-09 | Serneke Swim Open                       |
| 04:06.67 | 870  | Final  | 2015-12-03 | LEN European Short Course Championships |
| 04:05.06 | 887  | Final  | 2015-12-03 | LEN European Short Course Championships |
| 04:10.72 | 828  | Final  | 2015-11-08 | SM/JSM (25m) 2015                       |
| 04:17.57 | 764  | Final  | 2015-11-08 | SM/JSM (25m) 2015                       |
| 04:17.44 | 765  | Final  | 2014-11-23 | SM/JSM (25m) 2014                       |
| 04:06.84 | 868  | Final  | 2014-11-23 | SM/JSM (25m) 2014                       |
| 04:14.64 | 791  | Final  | 2014-09-05 | Arena USO 2014                          |
| 04:20.34 | 740  | Final  | 2013-11-24 | SM/JSM (25m) 2013                       |
| 04:12.20 | 814  | Final  | 2013-11-24 | SM/JSM (25m) 2013                       |
| 04:16.11 | 777  | Final  | 2013-10-06 | Södertälje Meet 2013                    |
| 04:18.46 | 756  | Final  | 2013-09-06 | ARENA USO 2013                          |
| 04:15.10 | 786  | Final  | 2012-11-25 | SM (25m) 2012                           |
| 04:26.82 | 687  | Final  | 2012-11-25 | SM (25m) 2012                           |