

Jessica Ahlbom

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:30.02 AQUA-poäng: 464 Datum: 2008-10-04 Tävling: UGP 4/UDM

Tid	AQUA	Omgång	Datum	Tävling
00:30.02	464	Final	2008-10-04	UGP 4/UDM
00:30.10	460	Final	2009-03-07	Valloncupen 2009
00:30.18	457	Final	2009-01-10	JRM/JDM
00:30.18	457	Final	2009-01-10	JRM/JDM
00:30.46	444	Final	2008-10-05	UGP 4/UDM
00:30.54	441	Final	2008-11-08	RM-DM
00:30.57	439	Final	2007-04-21	Upplandsserien 2007
00:30.80	430	Final	2006-09-30	Ungdoms-DM
00:30.82	429	Final	2008-02-17	Kanaan Cup
00:30.85	428	Final	2009-02-01	Kanaan Cup
00:31.00	421	Final	2006-01-08	Santa Maria Cup 2006
00:31.01	421	Final	2007-03-10	Valloncupen 2007
00:31.07	419	Final	2006-10-28	RM/DM (25m) 2006
00:31.10	417	Final	2006-12-02	Julklappsdoppet 2006
00:31.28	410	Final	2007-01-13	JRM/DM 2007
00:31.28	410	Final	2008-02-09	UGP 1
00:31.82	390	Final	2006-03-11	Valloncupen 2006
00:31.86	388	Final	2007-09-16	US Open
00:31.92	386	Final	2005-11-06	JRM-JDM
00:31.94	385	Final	2005-12-10	Julklappsdoppet 2005