

## Vilma Ekström

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:18.35 AQUA-poäng: 751 Datum: 2011-01-16 Tävling: JDM

| Tid      | AQUA | Omgång | Datum      | Tävling                       |
|----------|------|--------|------------|-------------------------------|
| 04:30.59 | 654  | Final  | 2008-10-04 | UGP 4                         |
| 04:30.41 | 655  | Final  | 2009-10-04 | Litho-Cup 2009                |
| 04:30.04 | 655  | Final  | 2016-04-15 | KM 2                          |
| 04:29.29 | 663  | Final  | 2009-02-28 | KM 2                          |
| 04:29.01 | 665  | Final  | 2008-12-07 | NJM 2008                      |
| 04:28.93 | 666  | Final  | 2010-01-17 | JDM - Östsvenska              |
| 04:28.92 | 666  | Final  | 2012-12-16 | Nordic Junior Championships   |
| 04:28.77 | 667  | Final  | 2008-10-25 | SUM-SIM Region 4 - 2008       |
| 04:28.28 | 670  | Final  | 2014-04-05 | KM 2                          |
| 04:28.10 | 672  | Final  | 2008-10-12 | Litho-Cup 2008                |
| 04:26.99 | 681  | Final  | 2008-11-28 | SM (25m) 2008                 |
| 04:26.98 | 681  | Final  | 2010-02-04 | JSM (25m)                     |
| 04:26.98 | 681  | Final  | 2009-11-15 | SUM-SIM 2009 Region 4         |
| 04:26.51 | 684  | Final  | 2010-04-17 | Essenuoto Sprint Event        |
| 04:26.32 | 686  | Final  | 2010-12-05 | SM (25m) 2010                 |
| 04:26.13 | 687  | Final  | 2010-11-14 | SUM-SIM Region 4 2010 (25m)   |
| 04:25.89 | 689  | Final  | 2009-02-01 | JSM (25m)                     |
| 04:25.80 | 690  | Final  | 2011-10-09 | Intersport Simcup Motala 2011 |
| 04:25.40 | 693  | Final  | 2011-11-27 | SM (25m) 2011                 |
| 04:25.12 | 695  | Final  | 2009-02-01 | JSM (25m)                     |