

Sofia Lindholm

Se detaljerad information och personbästatider

Gren: 400m Frisim (25) Personbästa: 04:18.72 AQUA-poäng: 748 Datum: 2012-01-29 Tävling: JSM (25m) 2012

Tid	AQUA	Omgång	Datum	Tävling
05:46.45	311	Final	2004-04-24	VårSimiaden
05:43.85	318	Final	2004-05-15	VårSimiaden Reg.final
05:33.02	351	Final	2004-10-02	UGP 4 S77 Sum Meet
05:32.70	352	Final	2004-10-30	Sum-Sim Region
05:19.62	397	Final	2005-03-05	Team Sportia Swim / UGP2
05:19.62	397	Final	2005-03-05	Team Sportia Swim / UGP2
05:18.57	401	Final	2005-04-03	simagogo
05:08.99	439	Final	2005-05-22	VårSimiaden Regionsfinal 2005
05:05.99	452	Final	2005-10-22	SUM-SIM Region 6 - 2005
05:03.50	463	Final	2005-09-24	Wadköpingsdoppet
04:57.60	491	Final	2006-11-05	DM 25 m
04:54.17	509	Final	2006-03-11	Team Sportia Swim/UGP2
04:53.11	514	Final	2006-02-04	NUSS yngre 2006
04:49.82	532	Final	2006-10-21	SUM-SIM region 6 - 2006
04:49.71	533	Final	2006-09-17	Sim a gogo
04:49.33	535	Final	2007-09-29	Wadköpingsdoppet
04:48.51	539	Final	2006-09-30	UGP 4
04:45.34	558	Final	2008-01-13	JDM
04:44.17	564	Final	2008-01-13	JDM
04:43.95	566	Final	2007-03-24	UGP2/Team Sportia Swim