

## Jonas Holmström

Se detaljerad information och personbästatider

Gren: 100m Frisim (25) Personbästa: 00:49.51 AQUA-poäng: 747 Datum: 2016-11-08 Tävling: SM/JSM (25m) 2016

| Tid      | AQUA | Omgång | Datum      | Tävling                      |
|----------|------|--------|------------|------------------------------|
| 00:54.48 | 561  | Final  | 2009-01-31 | JSM (25m)                    |
| 00:54.97 | 546  | Final  | 2008-04-06 | UGP 2                        |
| 00:55.00 | 545  | Final  | 2018-10-07 | DM/JDM kortbana 2018         |
| 00:55.06 | 543  | Final  | 2009-01-10 | JDM Skåne 2009               |
| 00:55.27 | 537  | Final  | 2008-03-24 | Vellinge Frisims cup         |
| 00:55.75 | 523  | Final  | 2008-01-12 | JDM Skåne                    |
| 00:55.88 | 520  | Final  | 2007-10-20 | UGP 4                        |
| 00:55.96 | 517  | Final  | 2008-09-22 | simallskånskan               |
| 00:55.98 | 517  | Final  | 2007-11-25 | SIM à LUND GUL Challenge     |
| 00:56.09 | 514  | Final  | 2007-11-17 | Seriesim omgång 2            |
| 00:56.18 | 511  | Final  | 2007-11-12 | SUM-SIM Reg 8 2007           |
| 00:56.74 | 496  | Final  | 2007-10-27 | DM                           |
| 00:56.94 | 491  | Final  | 2007-09-29 | Seriesim div 1 omg 1.        |
| 00:57.31 | 482  | Final  | 2007-01-27 | Seriesim Div 1 omg 3         |
| 00:57.75 | 471  | Final  | 2007-03-24 | Ungdoms GP 2                 |
| 00:57.99 | 465  | Final  | 2007-05-06 | Seriesim Kval div 4          |
| 00:58.06 | 463  | Final  | 2007-10-06 | Lödde Cup                    |
| 00:58.30 | 458  | Final  | 2006-12-02 | Seriesim 2006-12-02 omgång 2 |
| 00:58.41 | 455  | Final  | 2006-09-17 | Sim a gogo                   |
| 00:58.41 | 455  | Final  | 2006-10-22 | SUM-SIM region 8 - 2006      |