

Jonas Holmström

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:23.49 AQUA-poäng: 705 Datum: 2014-07-05 Tävling: SM/JSM (50m) 2014

Tid	AQUA	Omgång	Datum	Tävling
00:23.85	673	Final	2012-06-28	SM/JSM (50m) 2012
00:23.85	673	Final	2019-07-01	SM/Para-SM/JSM (50m) 2019
00:25.51	550	Final	2010-03-20	Grand Prix 3 2010
00:23.86	673	Final	2016-07-09	SM/JSM (50m) 2016
00:23.81	677	Final	2015-04-19	Swedish Grand Prix 3
00:25.52	550	Final	2010-04-23	CIJ - MEET LUX 2010
00:23.91	668	Final	2014-12-13	Amsterdam Swim Cup 2014
00:23.93	667	Final	2015-05-09	ADSR 2015
00:23.95	665	Final	2015-03-28	Danish Open 2015
00:23.96	664	Final	2017-07-03	SM/JSM (50m) 2017
00:26.07	515	Final	2009-04-25	Grand Prix FINAL 2009
00:25.13	576	Final	2011-04-16	Orca Cup 2011
00:24.84	596	Final	2012-06-20	Sprintmästaren malmö
00:24.42	627	Final	2017-06-03	DM-JDM
00:23.49	705	Final	2014-07-05	SM/JSM (50m) 2014
00:37.93	167	Final	2002-06-15	Färsingadoppet
00:23.82	676	Final	2016-07-09	SM/JSM (50m) 2016
00:23.88	671	Final	2017-07-03	SM/JSM (50m) 2017
00:24.12	651	Final	2016-01-31	Swedish Grand Prix 2016
00:24.36	632	Final	2017-01-29	Swedish Grand Prix 2017