

## Jonas Holmström

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:22.71 AQUA-poäng: 699 Datum: 2022-11-25 Tävling: SM/JSM (25M) 2022

| Tid      | AQUA | Omgång | Datum      | Tävling                                 |
|----------|------|--------|------------|-----------------------------------------|
| 00:28.56 | 359  | Final  | 2006-07-02 | MAROJO OPEN                             |
| 00:23.39 | 653  | Final  | 2012-01-27 | JSM (25m) 2012                          |
| 00:42.00 | 112  | Final  | 2002-02-09 | DRONKSIM                                |
| 00:26.08 | 471  | Final  | 2007-11-17 | Seriesim omgång 2                       |
| 00:23.48 | 646  | Final  | 2011-11-11 | Nordsjøstevnet 2011                     |
| 00:23.51 | 643  | Final  | 2014-10-26 | Skånska Mästerskapen                    |
| 00:23.54 | 637  | Final  | 2015-11-25 | Allskånskan omg 2                       |
| 00:23.81 | 619  | Final  | 2011-02-04 | JSM (25m) 2011                          |
| 00:25.45 | 507  | Final  | 2009-11-08 | Swedish Swim Games 2009                 |
| 00:25.16 | 525  | Final  | 2009-04-04 | Nord-Emballage Korsvirkessim            |
| 00:23.73 | 626  | Final  | 2012-01-29 | JSM (25m) 2012                          |
| 00:23.43 | 650  | Final  | 2011-10-16 | FINA World Cup 2011 Stage 2 - Stockholm |
| 00:23.39 | 653  | Final  | 2011-11-25 | SM (25m) 2011                           |
| 00:23.33 | 654  | Final  | 2016-11-07 | SM/JSM (25m) 2016                       |
| 00:23.31 | 660  | Final  | 2012-01-27 | JSM (25m) 2012                          |
| 00:23.22 | 664  | Final  | 2015-11-07 | SM/JSM (25m) 2015                       |
| 00:23.15 | 670  | Final  | 2017-11-04 | SM/JSM (25m) 2017                       |
| 00:23.10 | 664  | Final  | 2021-11-27 | SM/JSM (25m) 2021                       |
| 00:22.94 | 688  | Final  | 2018-11-17 | SM/JSM (25m) 2018                       |
| 00:22.88 | 698  | Final  | 2014-11-22 | SM/JSM (25m) 2014                       |