

## Frida Lindborg

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:29.56 AQUA-poäng: 486 Datum: 2004-10-02 Tävling: Litho Cup/UGP4

| Tid      | AQUA | Omgång | Datum      | Tävling                |
|----------|------|--------|------------|------------------------|
| 00:39.24 | 208  | Final  | 2000-04-16 | Electrolux Undomscup   |
| 00:35.04 | 292  | Final  | 2001-02-17 | NUSS YNGRE             |
| 00:34.02 | 319  | Final  | 2001-04-08 | Electrolux Undomscup   |
| 00:33.69 | 328  | Final  | 2001-06-04 | EXAMENSSIMMET          |
| 00:33.14 | 345  | Final  | 2001-09-01 | Närke-Cup 2001         |
| 00:33.20 | 343  | Final  | 2001-09-22 | Delfinsimmet           |
| 00:31.19 | 414  | Final  | 2002-01-13 | Duvedoppet             |
| 00:32.04 | 382  | Final  | 2002-01-26 | DM                     |
| 00:31.15 | 415  | Final  | 2002-03-16 | NUSS Yngre             |
| 00:31.49 | 402  | Final  | 2002-05-04 | Mitt i Prick           |
| 00:30.21 | 455  | Final  | 2002-09-21 | Delfinsimmet           |
| 00:30.88 | 426  | Final  | 2002-09-21 | Delfinsimmet           |
| 00:31.04 | 420  | Final  | 2002-10-06 | Litho Cup/UGP4         |
| 00:30.33 | 450  | Final  | 2002-10-13 | ÖKM                    |
| 00:30.84 | 428  | Final  | 2002-11-09 | JDM 9-10 november 2002 |
| 00:30.75 | 432  | Final  | 2003-01-06 | Duvedoppet             |
| 00:30.49 | 443  | Final  | 2003-03-15 | NUSS YNGRE             |
| 00:31.30 | 409  | Final  | 2003-03-15 | NUSS YNGRE             |
| 00:30.05 | 463  | Final  | 2003-09-20 | Delfinsimmet           |
| 00:30.07 | 462  | Final  | 2003-10-04 | Litho Cup/UGP4         |