

## Fredrik Ingmarsson

Se detaljerad information och personbästatider

Gren: 50m Frisim (25) Personbästa: 00:25.93 AQUA-poäng: 479 Datum: 2007-02-16 Tävling: NUSS-äldre

| Tid      | AQUA | Omgång | Datum      | Tävling                        |
|----------|------|--------|------------|--------------------------------|
| 00:36.80 | 167  | Final  | 2000-06-01 | Deje Cup                       |
| 00:35.63 | 184  | Final  | 2001-06-04 | LILLA VM                       |
| 00:34.20 | 209  | Final  | 2001-12-02 | Wasasimmet                     |
| 00:33.01 | 232  | Final  | 2002-11-23 | Höst Simiaden 2002             |
| 00:32.96 | 233  | Final  | 2003-01-19 | Solstadoppet                   |
| 00:32.62 | 241  | Final  | 2003-01-25 | Svenska Ungdomssimspelen       |
| 00:32.13 | 252  | Final  | 2003-09-06 | Närkecup/UGP 3                 |
| 00:30.68 | 289  | Final  | 2004-01-24 | Svenska Ungdomssimspelen       |
| 00:29.48 | 326  | Final  | 2004-09-19 | VUM SIM                        |
| 00:29.28 | 333  | Final  | 2004-09-04 | Närkecup m UGP                 |
| 00:29.11 | 339  | Final  | 2004-04-18 | Solstadoppet                   |
| 00:28.60 | 357  | Final  | 2004-10-02 | Alfred Nobel Cup, Ungdoms GP 4 |
| 00:28.53 | 360  | Final  | 2005-01-23 | Nyckel-Sim                     |
| 00:28.40 | 365  | Final  | 2005-04-17 | Solstadoppet                   |
| 00:28.10 | 377  | Final  | 2005-05-15 | Lilla VM                       |
| 00:27.86 | 386  | Final  | 2004-12-12 | KM 2004                        |
| 00:27.84 | 387  | Final  | 2005-12-11 | KM 2005                        |
| 00:27.82 | 388  | Final  | 2005-10-08 | Tunafors Nationella 2005       |
| 00:27.62 | 397  | Final  | 2005-06-04 | ULLBERGSTROFEN 2005            |
| 00:27.24 | 413  | Final  | 2006-01-08 | Duvedoppet                     |