

## Josefina Holmén

Se detaljerad information och personbästatider

Gren: 200m Medley (25) Personbästa: 02:32.42 AQUA-poäng: 546 Datum: 2008-10-25 Tävling: SUM-SIM Region 6 - 2008

| Tid      | AQUA | Omgång | Datum      | Tävling                       |
|----------|------|--------|------------|-------------------------------|
| 03:02.77 | 316  | Final  | 2004-01-31 | Taiga Cup & UGP 1             |
| 03:02.77 | 316  | Final  | 2004-01-31 | Taiga Cup & UGP 1             |
| 02:57.57 | 345  | Final  | 2004-04-24 | VårSimiaden                   |
| 02:56.10 | 354  | Final  | 2004-03-13 | Nordiska Ungdomssimspel Yngre |
| 02:54.71 | 362  | Final  | 2004-04-03 | sim a gogo                    |
| 02:51.70 | 382  | Final  | 2005-03-12 | Nordiska Ungdomssimspel Yngre |
| 02:51.70 | 382  | Final  | 2005-03-12 | Nordiska Ungdomssimspel Yngre |
| 02:49.59 | 396  | Final  | 2004-10-30 | Sum-Sim Region                |
| 02:48.43 | 404  | Final  | 2005-05-06 | BILKA Swim Cup 2005           |
| 02:47.87 | 408  | Final  | 2005-10-22 | SUM-SIM Region 6 - 2005       |
| 02:45.98 | 423  | Final  | 2005-02-05 | UGP1 och Trekungasimmet       |
| 02:44.87 | 431  | Final  | 2005-09-03 | Ungdoms GP 3                  |
| 02:43.25 | 444  | Final  | 2005-09-25 | Trollsimmet 2005              |
| 02:42.72 | 448  | Final  | 2005-09-18 | Luna Cup                      |
| 02:42.15 | 453  | Final  | 2006-10-07 | Trollsimmet 2006              |
| 02:41.91 | 455  | Final  | 2007-01-21 | Lödde Meet                    |
| 02:41.37 | 460  | Final  | 2007-09-08 | Luna Cup 2007                 |
| 02:41.05 | 463  | Final  | 2007-09-15 | UGP 3                         |
| 02:39.83 | 473  | Final  | 2006-10-21 | SUM-SIM region 6 - 2006       |
| 02:39.91 | 473  | Final  | 2007-09-29 | Trollsimmet 2007              |