

Josefina Holmén

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:28.58 AQUA-poäng: 572 Datum: 2008-07-13 Tävling: LH-Games

Tid	AQUA	Omgång	Datum	Tävling
00:42.84	169	Final	2004-07-04	NUSS Yngre
00:34.09	337	Final	2003-06-28	NORDISKA UNGDOMSSIMSPELENN YNGR
00:31.48	428	Final	2004-06-19	Lane4 Cup 2004
00:31.20	439	Final	2004-06-19	Lane4 Cup 2004
00:30.84	455	Final	2004-07-04	NUSS Yngre
00:30.71	461	Final	2006-06-10	DM/JDM (50m)
00:29.99	495	Final	2007-06-16	Lane 4 Cup 2007
00:29.94	497	Final	2007-06-16	Lane 4 Cup 2007
00:29.75	507	Final	2006-06-17	Lane 4 Cup 2006
00:29.70	510	Final	2006-06-17	Lane 4 Cup 2006
00:29.55	517	Final	2006-05-05	Rosenlundsbadet Sprint 2006
00:29.53	518	Final	2006-05-05	Rosenlundsbadet Sprint 2006
00:29.48	521	Final	2008-06-15	Bockstensdoppet
00:29.39	526	Final	2008-05-02	Rosenlundsbadet Sprint
00:29.38	526	Final	2006-05-05	Rosenlundsbadet Sprint 2006
00:29.20	536	Final	2008-05-04	Rosenlundsbadet Sprint
00:29.18	537	Final	2009-05-08	Rosenlundsbadet Sprint
00:29.09	542	Final	2009-05-24	Speedo Open 2009
00:28.91	553	Final	2009-06-13	DM/JDM VSSF 2009
00:28.82	558	Final	2008-06-08	Speedo 2008