

Sofia Grenholm

Se detaljerad information och personbästatider

Gren: 50m Frisim (50) Personbästa: 00:29.23 AQUA-poäng: 535 Datum: 2007-07-06 Tävling: DM/JDM (50m) 2007

Tid	AQUA	Omgång	Datum	Tävling
00:35.47	299	Final	2001-05-05	Jöns Svanbergssimmet
00:33.29	362	Final	2002-07-04	Stockholms Summergames 2002
00:32.85	376	Final	2001-07-05	Stockholms Summergames 2001
00:32.42	392	Final	2002-05-11	WELLA CUP 2002
00:32.41	392	Final	2002-07-04	Stockholms Summergames 2002
00:30.87	454	Final	2006-06-18	DM/JDM 2006 (50m)
00:30.85	455	Final	2006-05-14	Wella Cup 2006
00:30.60	466	Final	2007-06-10	Wella Cup 2007
00:30.48	471	Final	2006-06-03	Neptuniaden 2006
00:30.35	477	Final	2003-05-17	WELLA CUP 2003
00:30.17	486	Final	2003-07-03	Stockholms Summergames 2003
00:30.01	494	Final	2008-06-29	DM/JDM Stockholm 2008
00:29.95	497	Final	2007-05-27	Neptuniaden 2007
00:29.93	498	Final	2004-05-31	NEPTUNIADEN
00:29.84	502	Final	2004-07-08	Stockholms Summergames 2004
00:29.81	504	Final	2006-06-29	Stockholms Summergames 2006 50m
00:29.77	506	Final	2005-05-28	WELLA CUP
00:29.73	508	Final	2005-06-30	Stockholms Summergames 2005 50
00:29.65	512	Final	2004-07-08	Stockholms Summergames 2004
00:29.23	535	Final	2007-07-06	DM/JDM (50m) 2007